

Antecedent Behavior



STRATEGIES

Proactive tips and tricks to use before a behavior occurs!

IDENTIFY REINFORCERS

Build Motivation
Use highest preferred
items

CHOICES

Provide choices when
possible

"You can ___ or ___"

TRANSITION BUFFER

Give a warning
Count Down

- 5,4,3,2,1
- 2 more minutes

TASK MODIFICATION

Ensure the task is doable
for the learner. Consider
adjusting the task if it is
too difficult.

FIRST - THEN STATEMENT

Use a first then statement
to be clear

"First Clean Up, Then TV
time"

BEHAVIOR SPECIFIC PRAISE

Instead of "Good Job",
Try: "I like that you are
sitting, coloring, working,
etc."

CLEAR DEMANDS

Instead of "Will you sit
for me?", Say "Sit down
in the chair"

VISUALS

Daily Schedule
Timers
Rules