

# VISUAL SCHEDULES

Using a visual to help your child transition into a new schedule will help them comprehend what is expected and what comes next! Using simple phrases and precise pictures will keep the schedule easily understandable! Check out this example:

Morning



Afternoon



Night



# Opportunities for things they enjoy!

Let your child pick something they want to do this summer. This gives them some motivation to work towards something fun that they don't get to do very often. Use it as a reward for doing chores, helping a friend, or even tolerating their schedule change! Talk to them about their goal and keep them excited for this fun activity!

From everyone at Beyond the Label, have a GREAT summer!



# TRANSITIONS AND ASD



It is almost SUMMER! Which means long days, lots of fun and no school! This transition to a new schedule can be difficult for your kiddo so we've provided you with some tips!



## Some tips from Us!

Transitions during the summer are more frequent and often more difficult for individuals with autism. Take time to explain the changes to your child and help them understand what is going on!

Use this summer to engage in more social opportunities with your child. Take them to the pool, go to the park, or even try out a summer camp! These activities are a perfect opportunity for your child to work on some great social skills and interact with other children!

Try some of these summer activities:

- Go on a hike
- Go to a beach
- Have a picnic
- Go on a scavenger hunt
- Bake some cookies
- Paint your favorite summer activity
- Have a movie night

## SOCIAL STORIES

Social Stories have the ability to take difficult situations and put them into terms that are more understandable. Feel free to utilize this social story for your child!



### IT IS ALMOST SUMMERTIME!

Summertime means that I don't go to school and get to stay home with my family! During the summer, I will \_\_\_\_\_ and \_\_\_\_\_. This summer is going to be lots of fun!



### DURING THE SUMMER MY SCHEDULE CHANGES.

Instead of going to school every morning, I will be \_\_\_\_\_. The school is closed so that the teachers can spend time with their families and get ready for next year.



### SUMMERTIME IS LOTS OF FUN!

Summertime is going to be filled with fun games, family time and \_\_\_\_\_. I have to stay flexible so that we can do all of these fun things. Things might change a lot but I am going to have so much fun!

